Pakistan Nutrition and Dietetic Society
Continuing Nutrition Education (CNE) Session held on 6th September 2014 on “Nutritional Management of Diarrheal diseases”

Speakers: Dr. Sina Aziz, (PHD) Professor Pediatrics
Sabeen Siddiqui, Senior Clinical Dietitian

Report prepared by: Maaryam Arif, CNE Committee Chair

CNE on Diarrheal Diseases was held on 6th September, 2014 at The Kidney Centre PGTI, Karachi. Around 85 participants attended the session. CNE Committee Chair Maaryam Arif moderated the session.

Dr. Sina Aziz, Prof Pediatrics at Abbassi Shaheed Hospital (KMDC) covered the topic “Diarrheal Diseases in Children”. Her talk was focused on etiology and various types of diarrheal diseases in children.

Sabeen Siddiqui, Senior Clinical Dietitian at SIUT spoke about “Nutritional management of Diarrheal diseases in Adults”. She discussed two relevant case studies and shared her practical experience how those cases were managed.

Both speakers highlighted the importance of early intervention and dietary management in the treatment of diarrhea (Acute and Chronic).

Pre-reading material had been mailed to PNDS members with expectation that the material will help the participants to come well prepared for the session.

Qualifying the post-session quiz & attending CNE is equivalent to 1 credit. Those who wish to claim the credit had to leave the quiz sheet with the CNE Committee Members; other could take it home for self evaluation.

For out of town members power point presentation and the quiz will be uploaded soon on our website and those who attempted the quiz and send it back would get 0.5 credit. Answers to the quiz will be posted on the PNDS website (CNE page) soon.

Session evaluation forms were also given. Feed back of the participants will help us to include more relevant topics and to improve our sessions in future.

Token of thanks was given by Fayza Khan, President PNDS.

PNDS appreciates Nestle Health Sciences, Nutrition Division for sponsoring the CNE.